

Come over and in, and let the healing begin
It's always sore business when shedding one's skin
Feel it around all and let it enter within
There's no resisting, you may as well give in
And give over, stop waiting for clovers and miracles
Ain't no one delivering except from you
The growth so far has been exceptional
But still, there's a lot to do, a lot to face
A lot to learn, a lot to change, a lot to take
From it all

Yeah, yeah yeah yeah, yeah yeah yeah
I know you want to run, I know you do
Yeah, yeah yeah yeah, yeah yeah yeah
But there's no other way than straight through
Yeah, yeah yeah yeah, yeah yeah yeah
Oh in this life, a lot of suffering
Yeah, yeah yeah yeah, yeah yeah yeah
But in the end, that's what shapes you

Bun all of the talking, need not tell no friend
You received the lessons, time to put in action
You received the blessings, time to self-sanction
In a spiritual fashion, your mind is your weapon
Your hell and your heaven, you must come together
You, for worse, for better, must return to centre, yeah

Yeah yeah yeah, yeah yeah yeah
You can't run away from it no matter where you go
You've got versions of yourself that simply demand more
Waiting in the sidelines, hear them knocking at your door
Yeah yeah, yeah yeah

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Do-do-do-do-do-do-do-do, yeah, yeah
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Da-da-da-da-da