

Liminal Space

Greeley Estates

You're not alone
There's so many of us who have felt the same way
You can't be replaced
You're alive for a reason your heart beats with purpose

Stop and take a breath think about what you're doing
Stop and take a breath it's not too late for you
Just know you're not alone
I hope the words that you hear will help your heart keep beating

It's ok to not be ok
We're all broken in our own way

When you're on the edge
It feels like the world has turned its back on you
Hold on your story is still far from over
Just take it one day at a time

It's not too late
There is help for the helpless, there is hope for the hopeless
And when you're at the edge
Just remember the reason you have held on this long

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Stop and take a breath it's not too late for you
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I hope the words that you hear will help your heart keep beating

When you're on the edge
It feels like the world has turned its back on you
Hold on your story is still far from over
Just take it one day at a time
When you're at your end
It feels like the walls are closing in on you
Hold on your story is still far from over
Just take it one day at a time

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It's ok to not be ok
We're all broken in our own way
If you feel you've lost your way
Tomorrow's another day

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And in a future that depends on your participation, I hope you hear this loud and clear:
That ever since you came into this world I have not taken a breath without you in it
For all I know, this planet quits spinning without you here. I need you, we need you
It's okay to not be okay, but don't think for a second that you're in this alone. You can ask for help
You're encouraged to seek an audience. I refuse to imagine a tomorrow without you in it
And together we can anticipate a future that's gonna be worth sharing again and again