

Talking In My Sleep

Grayscale

I write tons of poems
Poems in my head
To keep me from my problems
And truths that I'll never address
And I wish you could peel
Peel back my skin
To see behind my cold eyes
So you feel what I feel in my head

She overdosed
And not by mistake
When your ma tries to take her own life
How the fuck do you speak about it?

Talking in my sleep
It's terrifying me
Tortured every night
Frozen in my dreams
I built this castle strong
So I can keep the pain inside
But it takes over me
I'm talking in my sleep

Come here and take
Take me by the hand
Don't mind the scars that they have
From the fights and the things I regret
I shoot on the pain
Becoming a man
I am selfish and numb
I'm just doing the best that I can

Too proud to address
My insecurities
I'll just keep playing God
And ignore all the help I should get

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I'm talking, I'm talking
I'm talking in my sleep
I'm talking, I'm talking

I'll write what I feel
In songs about sex
To take me from the fringes
The outskirts where I always am
And I always push
Everyone away
'Cause the world has been cruel

If you knew me, then you'd understand
Hey

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