

It's cold outside, it's dark through my window  
And I can't tell if my eyes are closed  
So dark outside that the walls glow  
I'll just lay here alone  
They'll dance their lights in bliss 'til I fall asleep  
Fall asleep 'til the morning mist

I am regret in the back of your head  
I am the song you try to forget  
It must be something deep in my blood  
I used to fall asleep to lightning bugs

And now they left, I haven't slept  
I haven't slept for months

I'm fighting for sleep as you fight to stay awake  
My tired eyes are growing weak but  
There were lightning bugs before you left me  
Before you left me

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I am the song you try to forget  
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