Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it Like the older you get the more you regret (YaknowI'msayin, want to know what we like?) Do the knowledge, do the knowledge of this Check it, yo Ever watch a hard rock when he got a seed? Turn a whole hundred and eighty degrees The nigga that you never saw smile before It's like the warrior at peace with the child at your door It's mad wild how he holds the mold It's so fragile knowin that this little soul is agile Meanwhile deep in his thoughts Is how do I protect it from the streets and the courts There's stress and strain tryin to maintain When you're poor workin odd jobs for small change You either rap, rob, girls slob knobs And niggas sell crack, weed or coke for the mob The Al Corleone idol was his mentor, gangster That came up short You're needin dentures Built his rep for killin Aztecs in distortion Front page news for the projects Carried the weight for his mom's operation 25 years workin for the train station Cause he was black the community reacts Summer tricks, picnic for kids, he gave it back He ain't accept it, grinned and helped the church, clear his debit Wind up helpin young brothers makin records When the people lookin at cha from the outside Open your mouth wide and say "Aiiight!" Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it People wonder why when my man died I didn't even cry Melted on the inside Now I'm becomin like a runner Sweatin like a plumber My heart started poundin like thunder Yo am I ready for revenge that depends On how my future look in the bends Is my life worth losin My seed, my wife Gettin my life snatched for makin wrong right I was always on the calm tip Last brother to harm or bomb shit Now I'm on some real Vietnam shit The quiet storm til the riot is on I despise doin harm but my foes gotta be conquered As I warn my peeps "Beware the beast that creep the streets" Spillin your plasma on the concrete Killin the murderer, acts of war Villains attack the poor

Women and children pack heat now Growin up I was sad young buck Dad said "Son look don't become corrupt" I knew he really meant well To see me represent and excel But yo the torments of hell lay dormant until I try to escape out of the muck and the mire Nearly got killed bein stuck in the fire Like Jeremiah I weep for my peeps gettin bucked from the streets to the choir Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it I'm lettin mines out I can see through I can see through Who you want me to believe you are? Front shine and son knowin you're a fallen star I see the look in your eyes when I pass you in my car I been felt the vibe so I played you from afar Your problem is you think too negative It perpetuates your condition and cuts short your ambition You're not a wicked one son You need development Don't worry when things are irrelevant You need to let it out cause it could cause you bad health Hidin your emotions could rob you from yourself (Gravediggaz) Hide you from yourself Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it Hidden emotions, you and I control it Don't get pissed cause this is how we show it Yeah The older you get the more you regret (Just let it out If you can heed it, the only way to defeat it) Hidden emotions, hidden emotions (Is to let out what's hidden) We all got em Gotta let em shine