

Muscle Bound for Glory

Grailknights

Wielding forces of light
We are the bards of workout pain
Flexing muscles tight
Ultimate glory's what we we'll gain
Screaming flesh never-ending
Bulging for display
Spacetime needs defending
All across the milky way

And by dawn
Muscular souls face their fears
Fighting through blood, sweat and tears
Vascular power and protein shakes!

Tell the tale - with the Hammer of Glory
Tell the tale - with our muscles sore
Conquer hell - brothers fight and take the Grail
Back to holy ground - we're muscle bound!
Muscle bound for glory
Muscle bound for glory

Reach - far beyond the stars
The time has come for us to fight
Now! - Let our boiling blood
and muscle power be our guide!

Hear the message we're sending
Heavy metal's here to stay!
Grailknights - real not pretending
With hammer power holding sway!

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Discipline reigns
Working out ultra hard
Look at my veins
Super strong, super smart

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