

Screen Time

GRAHAM

Uh, yeah
Yeah, yeah
Uh, yeah

She said, "Baby, how's your week"
My screen time went up
I can't get good sleep, I'm scrollin'
I don't even know how long I've been up (I don't know)
Need to hit the gym and do some sit-ups
Slouchin' in my class, teacher tellin' me to sit up
I can't focus (Focus), I'm sucked in by attractions
I get instant satisfaction from distractions (Yeah)
They talk about me in the past tense
Never talkin' passive, yeah (No, no)
I walk to class in the morning when it's thirty degrees (Thirty)
Can decide what to wear in the winter freeze (Brr)
Why do I dress to impress so they would notice me? (Yeah)
Or do I feel good in the things I see? (Yeah)
We want I-G hugs over love (Yes)
We want things that never feel like enough (Yes)
We want enough to not feel like we givin' up, yeah

Think I'm missin' somethin'
Who do I put my trust in?
Can't have discussions without interruption
So if I don't know you, then my words mean nothin'
How can you find truth if my words mean nothin' to you?

Uh, we don't talk on the phone like we used to
Which is funny 'cause I know you on the YouTube
And the TikTok, I don't know what I did to get you ticked off
Yeah, emotions takin' off, like liftoff
You probably thinkin', "His loss," and he's thinkin' that too (Nonsense)
How do you tell someone that they been lost? (I don't know)
Yeah, and if I saw you out in public would your views change the way that you see me?
And if I show you that I'm not above it, would you hear me at the end of the week? (Oh, please)
If you got one question, just drop it
Could I be the one you go when you need?
And I hope you found what you wanted
'Cause I don't think it has to do with me

Look, think I'm missin' somethin'
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Can't have discussions without interruption
So if I don't know you, then my words mean nothin'
How can you find truth if my words mean nothin' to you?