Can this really be happening You're witness to a deadly thing Confirming every deepest fear That you've been hiding all these years It's a fatal mistake And your hands start to shake Not a thing can be done Once the worst has begun 60 Second Nightmare Everyone will see their 60 Second Nightmare Burned into their eyes Seeing is believing - camera never lies And you reel to the snap From the jaws of the trap You couldn't have expected this It didn't look so poisonous With shock and terror on your face Doomed to watch it all take place With your hands at your side Just along for the ride Save your loathing regret 'Cause you'll never forget 60 Second Nightmare Everyone will see their 60 Second Nightmare Burned into their eyes Seeing is believing - camera never lies And you reel to the snap From the jaws of the trap Out of the night It'll come without warning Or out of the blue On a bright sunny morning But darker than dark It will mark you And scar you for life 60 Second Nightmare Everyone will see their 60 Second Nightmare 60 Second Nightmare Everyone will see their 60 Second Nightmare Burned into their eyes Seeing is believing - camera never lies And you reel to the snap From the jaws of the trap 60 Second Nightmare Everyone will see their 60 Second Nightmare