If I'm not here when you need me most You're chasing this ghost-like I use to When you're scared cause it's always almost Then I wrote it down how to go through

Life like you're living the most Just in case I can't be as close

Hug your mother like she's gonna cry if you don't Love your sister and brother

Even when you think they won't love you back

This is advice that I leave in this note

This is life and we don't make it out alive

So love

When the world brings us down to our knees And everything shattered and bleeding And they're loud although no one will speak Cause everything broken needs healing

Love like you're living the most Just in case I can't be as close

Hug your mother like she's gonna cry if you don't Love your sister and brother

Even when you think they won't love you back

This is advice that I leave in this note

This is life and we don't make it out alive

So love and be loved

You should know that you're worth it
And I know this feels close
But you've never been hopeless
And I've never seen so much good in one person
You will never be alone

So hug your mother like she's gonna cry if you don't Love your sister and brother

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