Balance

Gnash

Sometimes I find my inner light
Lose peace of mind by dinner time
Apologize and go to sleep
I cant even read the news
It puts me in the worst of moods
There's so much more that I'm working through

Lost in translation
Honest conversations
Make it all make sense

All this new information
A little less hopeful
A little more patient
All these choices I'm making
A little more grateful
A little less dangerous
Glass half empty or half full
On my mind, body, and soul
Am I supposed to hold on or let go?

I stubbed my toe and chipped my tooth
You don't deserve my attitude
I'm mad at me, I'm not mad at you
A quiet night, a simple life
Where words are few and love is bright
'Cause in my dreams I never die

Lost in translation
Constant conversations
Make it all go away

All this new information
A little less hopeful
A little more patient
All these choices I'm making
A little more grateful
A little less dangerous
Glass half empty or half full
On my mind, body, and soul
Am I supposed to hold on or let go?

I'm losing my balance, oh, oh, oh
Oh, oh, oh
I'm losing my balance, oh, oh, oh
Oh, oh, oh

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