(February) Astral Plane I Have Travelled Through

Gloomy Grim

Who will understand my horrible agony which I am suffering all the time?
I have began to avoid people and to seek solitude.
If I tell them of what I have witnessed they think I am insane.
If I keep my mouth shut they ask "what is wrong with you?".

This is going to be the end of my life, at least it seems to be like it is.

I am only sitting here and scaring of those beings, this can't be good for my health.

Who are they? What they want? Am I me? Depression, self-mutilation, voices, leave me alone. Why they haunt me? Is this real? It is time to stop this madness and set myself free.

Astral plane I have travelled through, saw myself and maybe you. Wandered through the mysteries of man, travelled through the lapse of time and eternity.

Astral plane I have travelled through, saw myself and maybe you. Still scared of myself, I continue wandering, so far that none can reach me.