

Overthinking

GIRLI

I think I'm an adult now
But I forgot to eat breakfast
Haven't done my taxes
Everything stresses me out
I can't put my iPhone down
When I'm picking out an outfit
Tell my friends that I can't make it
'Cause I'm busy overthinking

I'm always stuck in my feels
Everything's a big deal to me
Feel like I'm losing a game
That nobody told me how to play
I get so emotional
When I don't know what I should know

Wishing that I was less of a mess
Lying here touching myself thinking about my ex
Is this what grown-ups do?
Is everyone confused?
Or maybe I just care too much
And the only thing that I'm good at
Is making me feel bad
I really thought that this would be fun
But it's not, no, it's not

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Stuck in my feels
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