I used to rob and steal, now I make food for thought Fresh like the air you snort I drop jewels, little nuggets of wisdom Seeds that keep growing Paying my debts to society, so no more owing Now it's showing and proving, keep the body moving Exercising the mind is scientifically proven To increase your life line, strengthen your heart Eat fish, that brain food will get you smart Yoga, deep medicational tactics You no good then just practice, cause practise makes perfect Stop burying your lies and bring the truth to the surface Money is the root to all evil, that cash rule Will have you out there looking like a damn fool That's the devil's bait, the all mighty dollartry Will have your mind fooled by technology Make the right choice, no need for an apology

Them light as the sun, the sun's the father The father is the man on Earth, we try harder To teach one, preach one Just acknowledge the wisdom Can't figure right from wrong, it's a tough decision My vision is light, some come to me when yours black out Follow the footprints as I lay the tracks out He's a righteous God, I want the best for mankind Navigate through this war without blowing a landmine My light shines from the east my brother Verbally I spit, I'm a beast my brother March through the blackness, search for the ray of lights Don't walk bare footed through the grass Cause that's where the snake strikes Protect ya neck, evil lurks in the shadows Darkness is best where the Devil wins battles The weak fall victim, the strong sound diligent Guerilla, we gullible but manage to stay militant Super stars, our ego is so top billin' it Follow me son and I'll show you how I'm killin' it These wolves is vicious, assigned to danger The changer, I'm 'bout to pull you all through a chamber