```
I wanna move on, wanna let go of sorrow
I wanna live on, I wanna change tomorrow
You picked me apart, it's all so hard
I'm moving forward
I wanna let go of all the shame I live in
It's all coming back because you always give it
I'm falling apart, when the heart breaks up
I'm moving forward
All these things I can't stop running through my head
These things I can't stop through everything
I'm not the man I used to be
I'm not the man I used to be
I wanna move on, wanna let go of grieving
I wanna be home, without all the screaming
I'm taking life back, like a heart attack
I'm moving forward
Now I've moved on, you know that I'm not leaving
It's time to let go, time to start believing
I'm running away to stop all the pain
I'm moving forward
All these things I can't stop running through my head
All these things I can't stop running through, everything
I'm not the man I used to be
All these things I can't stop running through my head
All these things I can't stop running through, everything
I'm not the man I used to be
Dear mother, dear father
I'm leaving now
After all you said to me
I'm not the man I used to be
Dear mother, dear father
I'm leaving now
After all you said to me
I'm not the man I used to be
I'm not the man I used to be
All these things I can't stop running through my head
All these things I can't stop running through, everything
I'm not the man I used to be
All these things I can't stop running through my head
All these things I can't stop running through, everything
I'm not the man I used to be
I'm not the man I used to be
I'm not the man I used to be
```

I'm not the man I used to be