I hit self destruct and I'm done start again tomorrow
I hit self destruct and I'm drunk drowning out my sorrows
Time is running up, so I give up
No point in trying, crying just to stop the silence
Had enough, I give up, self destruct

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Chasing the sirens inside my head trying to silence them
But sometimes the quiet is so loud that it's deafening, I'm deaf again
Numb to the frequency I'm letting in can you repeat again I wasn't listening
Well I was but I just couldn't take it in so I'll take another drink
Cheers here we go again
There goes another day, another grin, another chain

It's hard to realize from under your disguise Everyone has hard times Just keep your head up you know what you're made of Sometimes when I've had enough

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Things are good for a minute 'til I'm suffocating in it
So I act tough when I get triggered I pull the trigger but you call my bluff
Russian rouletting with a plastic gun I've had enough
Everywhere I turn I'm getting stuck
Feels like I'm drowning things are building up
So I fill another cup cheers to another one
There goes another day, another grin, another chain

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