

NOTE TO SELF

Gabriela Bee

Note to self
It's okay to ask for help
And it's okay to cry and yell
When life feels like a living hell
And when it hurts
Don't read the last page first
There's always something left to learn
Even when the bad gets worse
Mmmm
Even when the bad gets worse
Mmmm
Even when the bad gets worse

Why does rain fall on the best days?
Why does love hurt in the worst way?
Why do good things never last?
Why do we cry when we laugh?
Is there something that I'm missing?
How will I know when I'm living?
Nobody knows what they don't know
Nobody knows what they don't know

Note to self
It's enough to try your best
When every day feels like it's testing you
And all you can do is push through
I promise it gets better
Sometimes there will be bad weather
Plans will fall through, and you will fall too
Hearts will break but that's what hearts do
Mmmm
That's what hearts do
Mmmm
That's what hearts do

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So let it in and let it go
Let the wind blow where it blows
This is how the story goes
Nobody knows what they don't know
Let it in and let it go
Let the wind blow where it blows
This is how the story goes
Nobody knows, no, nobody knows

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