

I'm in a place between this earth and hell (Earth and hell)  
I'm not quite alright if you can tell (You can tell)

This battle with these shadows in my head  
An endless fight and never ending dread  
Right now I only see what I can't attain  
No focus and a bunch of mistakes

A state I'm too used living in  
Nothing's new, I still don't win  
Please end this quickly, quickly, quickly

I don't feel safe  
In this place I'm in, I can feel that I can't change  
'Cause I, I have lost control  
I have lost control  
Again and again  
Work it out

A lack of hope and no self-discipline  
Imprisoned and no serotonin  
Such a wrack that's been stuck in this place  
So many things that I'd wish to embrace

A state I'm too used living in  
Nothing's new, I still don't win  
And it's killing me slowly, slowly, slowly

I don't feel safe  
In this place I'm in I can feel that I can't change  
'Cause I, oh I have to stay  
For the ones I love and all I strive for  
I don't wanna lose control again

I have lost control again and again  
I'm breaking down

Head straight through a wall  
Looking for a cure  
Fuck, I don't wanna do this anymore  
Could please just shut up  
Shut up  
Everything shatters  
Nothing matters anymore

I don't feel safe  
In this place I'm in I can feel that I can't change  
'Cause I, oh I have to stay  
For the ones I love and all I strive for  
I, I have lost control  
I have lost control again  
And again and again and again