I lay awake and look at the ceiling and wonder why I'm so afraid to face all these feelings and want to die I'm out of place and nothing's appealing to stay alive Why try to face it when it's so easy to say goodbye

It's all unfolding, it's so controlling
It tries to pull me under, nothing's going right for me
This tension's growing, it tries to hold me
Hear me scream

I'm taking over
With my back to the ropes, I'm never letting go
I'm moving closer
Everything that I know is feeling farther from home
I'm never giving in,
This world I'm living in is losing color
I'm taking over
With my back to the ropes, I'm never letting go

I try to make the changes, it's so hard to sway my mind There is no way to make it but to leave these scars behind Within my thoughts are racing, I'm too far away at times I drive myself insane, it's tearing me apart inside

It's all unfolding, it's so controlling
It tries to pull me under, nothing's going right for me
This tension's growing, it tries to hold me
Hear me scream

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Everything that I know is feeling farther from home
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This world I'm living in is losing color
I'm taking over
With my back to the ropes, I'm never letting go

I take a deep breath down inside I shake and try to breathe but I Hate the way that I lived my life And it seems
All the lies that I try to hide Remind me of what I left behind Unwinding thoughts inside my mind Hear me scream
I'M SCREAMING OUT LOUD

It's all just weighing on me
It's all just weighing on me
I'm reaching out
I'm screaming out loud