

Trust Fall

Free Throw

You say you've lost your way
You gave your all, and pushed too far
You think your life is down the drain
I say I can relate, that pain, the shame
Parked on the wrong tracks and set on a dark path
The train is moving way too fast

When you're on the ledge
So ready to fall back
And too scared to say that
You're ready to go back
On everything you said was all
Something that your brain would never tell you to do
'Cause I know that ledge
And you don't have to fall back

It's 3 and I'm awake, so late
You're reaching out, with seeds of doubt
The truth is falling out your mouth
You say, "I hope you know I love you"
I hate this is what you go through
Come down

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So ready to fall back
And too scared to say that
You're ready to go back
On everything you said was all
Something that your brain would never tell you to do
'Cause I know that ledge
And you don't have to fall back

You explain how you feel weighed down
By great amounts of pure self-doubt
I know that sound of reaching out
When things go south I hope you...
Know that I am sure
You're someone adored by me
Without a doubt
Hope you rest assured
You are so adored

When you're on that ledge
So ready to fall back
And I swear I'll be there
So ready to talk back
To anything you say at all
And dedicate my time to anything you want to
Then we'll look ahead
I'll be here if you fall back