

## Trust Fall

### Free Throw

You say you've lost your way  
You gave your all, and pushed too far  
You think your life is down the drain  
I say I can relate, that pain, the shame  
Parked on the wrong tracks and set on a dark path  
The train is moving way too fast

When you're on the ledge  
So ready to fall back  
And too scared to say that  
You're ready to go back  
On everything you said was all  
Something that your brain would never tell you to do  
'Cause I know that ledge  
And you don't have to fall back

It's 3 and I'm awake, so late  
You're reaching out, with seeds of doubt  
The truth is falling out your mouth  
You say, "I hope you know I love you"  
I hate this is what you go through  
Come down

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So ready to fall back  
And too scared to say that  
You're ready to go back  
On everything you said was all  
Something that your brain would never tell you to do  
'Cause I know that ledge  
And you don't have to fall back

You explain how you feel weighed down  
By great amounts of pure self-doubt  
I know that sound of reaching out  
When things go south I hope you...  
Know that I am sure  
You're someone adored by me  
Without a doubt  
Hope you rest assured  
You are so adored

When you're on that ledge  
So ready to fall back  
And I swear I'll be there  
So ready to talk back  
To anything you say at all  
And dedicate my time to anything you want to  
Then we'll look ahead  
I'll be here if you fall back