

## Push Through

Freak Kitchen

When the walls are closing in  
Life's a claustrophobic room  
When the going's getting tough  
And everything is gloom

Hang in there  
Never let the problems grind you down  
When we're running out of steam  
Go to swim or drown  
Swim or drown....

Push, push all the way  
Push until the wall is coming down  
Push all the way  
Don't give up cause I believe in you  
Push all the way  
Push until there's nothing left  
Push through

Treading water, same old ruts  
Days are getting blurred  
Fight to leave beaten path  
You're stuck inside the herd

Hang in there  
Keep you head above the surface  
Hang in there  
Take control, make up your mind  
Swim or drown....Swim or drown...

Push, push all the way  
Push until the wall is coming down  
Push all the way  
Don't give up cause I believe in you  
Push all the way  
Push until there's nothing left  
Push through, push through  
Don't give up, I need you to stay true

Every now and then the burden  
Weighs you down  
The white flag, a token of defeat  
The only option: Throw the towel in the ring