

Rewind

Forever Still

All these years have been riveting
I'm barely staying sane
All these fears left me shivering
And no one takes the blame

Rewind

To the last time you were broken
To the last time no one cared
And relive what you've awoken
They'll never see you scared

Fingers twitch try to keep them still
It only makes it worse
Scratch the itch with another pill
You'll never know what hurts

Rewind

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To the last time no one cared
And relive what you've awoken
They'll never see you scared

Something tells you
This is not the way it's supposed to be
Will you be the change
Or let it change you?

Take a stand
You can end this
And I will
Be the first to let you know

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