

## Rewind

## Forever Still

All these years have been riveting  
I'm barely staying sane  
All these fears left me shivering  
And no one takes the blame

Rewind  
To the last time you were broken  
To the last time no one cared  
And relive what you've awoken  
They'll never see you scared

Fingers twitch try to keep them still  
It only makes it worse  
Scratch the itch with another pill  
You'll never know what hurts

Rewind  
To the last time you were broken  
To the last time no one cared  
And relive what you've awoken  
They'll never see you scared

Something tells you  
This is not the way it's supposed to be  
Will you be the change  
Or let it change you?

Take a stand  
You can end this  
And I will  
Be the first to let you know

Rewind  
To the last time you were broken  
To the last time no one cared  
And relive what you've awoken  
They'll never see you scared