Breathe

Forest Blakk

Today I looked up how long it would take to drown
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How long can you hold your breath before you can't hold your breath any longer
And how long until your lungs give out and the sound that used to fill the void
Quiets like a mouse at midnight, searching for its piece of the pie

Today I stood in front of a window and imagined what it would be like to fly, no I didn't
I imagined what it would be like to jump outside the frame that caged me inside
But my better judgment said it wouldn't be very kind if someone you cared about found you
That's the voice that plays like a tape on rewind, rewind, rewind...
It wouldn't be fair to a stranger either

Today I'm reminded of the time I watched a man jump into a highway when I was just seventeen
The car lights on either side of the upper portion of the AutoRoute below standing at attention
Staring off into the distance
Just waiting for the road to clear
And the way to the comfort of their loved ones to be made

Death is a strange and hollow inconvenience when you think about it
There's a blank face that quickly and abruptly finds its way to all who witness something of that magnitude
It's not empathy, it's not sympathy
It's more of a forced intrinsic and integral self-reflection
Why would someone do such a thing?
What could drive someone to that type of depth?
Could I be driven to such depths?
Would I ever be able to jump?

There is no place to be soft in these moments, jump
There's no time to be caught in this moment, jump
There's no need to believe there ever was a moment, jump
Sigh, believe, relief in this moment
Cause I could never be the one to be in this moment
Or could I? Jump

Today I looked up how long it would take to drown
Do you first hold your breath?
Do you exhale all of your problems and worries before casting y

our thoughts to the bottom
Of an otherwise empty place below the poverty line of depressed
 thoughts
And the sad calamity of a haunted house you've called home?
I don't know
Maybe someone out there has an answer

But for now I'm still trying to come to terms of the fact
That today I looked up how long it would take to drown