

## The Undertow

### For the Fallen Dreams

I'm sinking like a stone  
Thrown deep into the sea  
Treading water and drowning  
Is the same for me

You gotta hold onto something  
Before you let go of everything  
You gotta love what you have  
Before you miss what you had

You gotta learn to walk on water  
Before you run out of air

I've been washed ashore  
Released from the sea  
I've weathered the storm  
Breathing life back into me

All my life I've been swimming in shallows  
All my life I've been living in shadows  
All my life I've been sinking like stones  
All my life I've been drowning alone