Tilt your chair back
Look up at the trees, let your hair down
Listen to the breeze, breathe this moment
Down into your knees
Let your worries for tomorrow fall amongst the leaves

With your best loved mug
Full of quittin' time tea, sip the present
Gift-wrapped from eternity
Lay a treasure
Deep into your mind
To dust off on a grey day when you need a ray of shine

When your weary shoulders start to slouchin' From holding all that weight that you can't see When there ain't a steady foot to stand on And you're too quick to thinkin' on your feet

When your smile fades When your heart lacks Toss your care down Tilt your chair back

There's a time for working
Time to get away, there's time for bailin'
Time for rollin' in the hay
Time for stealing
A little time back from the Sun
Borrow from tomorrow 'fore tomorrow has begun

And when your weary shoulders start to slouchin' From holding all that weight that you can't see And when there ain't a steady foot to stand on And you're too quick to thinkin' on your feet

When your smile fades When your heart lacks Toss your care down Tilt your chair back

And when the joy you found becomes ungrounded And all the sound around you can't be hushed When you find you're sittin' in the darkness And darkness feels like all there ever was

When your smile fades When your heart lacks Toss your care down Tilt your chair back