

## My Own Hell

### Five Finger Death Punch

Twisting and turning, unable to sleep  
Will the voices ever stop?  
My thoughts speak louder the more I resist  
And they're driving me insane, do they ever go?

Inside I'm a danger to myself  
I'm a danger to myself  
Inside I'm a prisoner of my own hell  
My own hell

Losing the battle I waged on myself  
Lock me up and toss the key  
Toys in the attic, it's all getting worse  
Why won't they let me be? Oh God, make it stop

Inside I'm a danger to myself  
I'm a danger to myself  
Inside I'm a prisoner of my own hell  
My own hell

Fit me for a straight jacket  
Put me in a padded cell  
I'm a danger to you all  
And I'm a danger to myself

Inside I'm a danger to myself  
I'm a danger to myself  
Inside I'm a prisoner of my own hell  
My own hell

Inside I'm a danger to myself  
I'm a danger to myself  
Inside I'm a prisoner in my own hell  
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