I can't help myself, I can't break through
I'm going nowhere, nowhere, nowhere
Each day brings me nothing new
I'm no closer, no closer
I've been here before, and I hate it
This is torture, it's torture, it's torture
It's a story that never changes
I can't move forward

Over and over again
When will this finally end
Digging it's digging in
Underneath my skin
I can't seem to win
No matter how hard I try
The world continues to spin
This is my fight

I want to find myself and embrace it And find closure, closure, closure But right now I feel like a stranger

And I'm cornered, cornered again

Over and over again
When will this finally end
Digging it's digging in
Underneath my skin
I can't seem to win
No matter how hard I try
The world continues to spin
This is my fight
I feel like I'm lost buried underneath
What's real and just a dream
I know that I'm somewhere in between
I can't find my identity

Over and over again
When will this finally end
Digging it's digging in
Underneath my skin
I can't seem to win
No matter how hard I try
The world continues to spin
This is my fight