

Giving too much, when you need self love, yeah
Keep on giving up too soon
But you're just giving too much
When you need self love, yeah

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Just take back a minute
Try to treat yourself like you're someone else 'cause
You don't take when you give it
Gotta take some time just to love yourself, but...

There aren't enough seconds in a minute
And pain is always deeper when you're in it
One thing I know is true true true
You should focus on you you
You need self love yeah

Gotta give it to myself
You keep it too yourself
If I give out all my energy
Imma need some solar cells
Wanna get love from this girl topanga
Self love is the propaganda
Some of yall just gotta go untangle
One Love

If you just keep on giving that same old love
Take some back, give it to yourself
You keep on giving up too soon
But you're just giving too much
When you need self love, yeah

Self love yeah, self self love yeah
Giving too much, when you need self love, yeah
Keep on giving up too soon
But you're just giving too much
When you need self love, yeah

(Gotta give it to myself)
Self love yeah, self self love yeah
(You keep it too yourself)
Giving too much, when you need self love, yeah
Keep on giving up too soon
(Gotta give it to myself)
(You keep it too yourself)
But you're just giving too much
When you need self love, yeah