I care about what people think too much You can't imagine all the things I've done When I've been hurting And don't feel worthy
If I could say I'm sorry one more time You would lie and say that it's alright We both know you hate it
But can I change it

One step forward two steps back Would you even notice that I'm trying to be better Than before

I don't know what I'm fighting for The warning signs I can't ignore Tryna break the habit once again I can feel the walls are closing in Don't know what I'm fighting for If my habits never change

I know that I'm my own worst enemy
But confrontation is so hard for me
I give in so easy
I even doubt me
Everything about me feels so wrong
I'm understanding that I don't belong
I want to
I promise
But I'm so self conscious

I don't know what I'm fighting for
The warning signs I can't ignore
Tryna break the habit once again
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