Flesh and bone given birth
From ashes and the dust of mother earth
A circle makes the path we take
Life is death is life again
And so we all spin

The sun and moon and the sky the everbreathing End over end and around again a circle
The universe and the sky the everbreathing
End over end and then again a circle
The sun and moon and the sky kissing the ocean
End over end in the universal motion
From cell to baby to man then to the ground
We're spinning round and round

Flesh and bone atrophy
Returning to the womb of the sacred earth
To be reborn but in what form?
Death is life is death again
And so we all spin

The sun and moon and the sky the everbreathing End over end and around again a circle
The universe and the sky the everbreathing
End over end and then again a circle
The sun and moon and the sky kissing the ocean
End over end in the universal motion
From cell to baby to man then to the ground
We're spinning round and round

Time won't let go
Strong as a black hole
Nothing ever escaping
Connecting us to all that is and yet taking everything

Is this existence real?

Cause I don't know what to feel but one thing That it's racing by way too fast

Like grains of sand it falls

Into the center of the circle

Spinning round and round

Time won't let go x3
Strong as a black hole
Nothing ever escaping
The gravity will mercilessly pull us into the light
Connecting us with all that is and yet taking everything

Is this existence real?

Cause I don't know what to feel but one thing

That it's racing by way too fast

Afraid but mystified

Into the center of the circle

Spinning round and round