

Anxious.

EZI

Feelin' defeated, there must be some kind of reason
Can't feel anything outside myself
My ego is shrinking, they think that they know what I'm thinking
I don't think I need their kind of help

I'm so, I'm so, I'm so

Why am I overthinking?
Tryn' not to overthink this
I do my best to fight it
Why am I overthinking?
Tryn' not to overthink this
I do my best to fight it
I'm so anxious
I'm so, I'm so, I'm so
I'm so anxious
I'm so, I'm so, I'm so

The choir in my brain, is so fucking debilitating
A thousand voices, different keys, so
I try to diffuse it, and put on some positive music
But it don't work when I can't relate

I'm so, I'm so, I'm so

Why am I overthinking?
Tryn' not to overthink this
I do my best to fight it
Why am I overthinking?
Tryn' not to overthink this
I do my best to fight it
I'm so anxious
I'm so, I'm so, I'm so
I'm so anxious
I'm so, I'm so, I'm so

'Cause at the end of the day, I'm just afraid
I'm a heartbreak away
And all the prescriptions and paths, and addictions we have
They can't keep us sane
So I keep lying to myself
To make it better, to make it better
And I pretend I'm someone else
It makes it better

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Tryn' not to overthink this
I do my best to fight it
I'm so, I'm so, I'm so
Why am I overthinking?
Tryn' not to overthink this
I do my best to fight it
Why am I overthinking?
Tryn' not to overthink this
I do my best to fight it
I'm so anxious
I'm so, I'm so, I'm so (I'm so)

I'm so anxious

I'm so, I'm so, I'm so (I'm so)