Your words darting into me
Dart into me like bullets
Your words are breaking me up
They break me up til nothing's left
Let's pull myself together now
And I know how to break the tension
Listen to me yelling now
I'm shouting now, so pay attention

Swimming inside me
Words I wish I could forget
You're not another
Memory I could forget
Forget

Your thoughts caught in a cycle Caught inside you like a web You're not trying the way I tried for you, now nothing's left

I pull myself together now
And I know how to break the tension
Listen to me yelling now
I'm shouting now, so pay attention

Swimming inside me
Words I wish I could forget
You're not another
Memory I could forget
Forget

Your words are breaking me up
Your words are breaking me up
Stabbing through me like bullets
They break me up til there's nothing left
Pull myself together now
Pull myself together now
And I know how to break the tension

Swimming inside me
Words I wish I could forget
You're not another
Memory I could forget
Forget

Nothing gained, save me now Nobody knows, nobody knows Caught in a cycle Nothing can save me now Save me now