Now he sleeps with pillow in between his legs Hoping that his dreams don't haunt him tonight But they keep on coming back every day after day He wonders if he'll have them for the rest of his life Now he quit smoking cigarettes three years ago Just didn't like the thought of being dead by fifty-three He don't miss the head rush from the pack of Marlboros He's just thankful that he was able to break free He loves to sit under the sun and write his songs Breaking his addiction proved to him he wasn't weak But he does still smoke in fact he did all along The difference is now he only does it in his sleep And he tries to wake himself when he lights the match But he has to inhale, he has no control So he cries, cause he thought he escaped the trap But it's a reoccurring nightmare and he wants to know

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What is a dream (Something to sleep on)
What is a dream (Something he needs gone)
What is a dream (Something that keeps on)
What is a dream (Just a problem with his head)
What is a dream (Something that speaks strong)
What is a dream (Something that we want)
What is a dream (Something he'll sleep on)
What is a dream (He doesn't want to go to bed)
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Now he met this young girl around the same time He dropped his smoking habit and began it in the dreams He let her in his life because he needed to shine And she was the most beautiful woman he had ever seen And he grew three years long, two hearts wide And immeasurably deep, they were perfect together And he knew somehow, he felt on the inside That no matter what the weather it'd be him and her forever Their hands interlocked 'till the end of routine He would never break her heart because the love is so real And he can't seem to stop having these dreams Where he solemnly commits adultery against his will And he tries to wake himself because he loves his girl But he has to take it all, he has no control So he cries 'till he's out of his subconscious world It's a reoccurring nightmare and he wants to know

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What is a dream (Something to sleep on)
What is a dream (Something he needs gone)
What is a dream (Something that keeps on)
What is a dream (Just a problem with his head)
What is a dream (Something that speaks strong)
What is a dream (Something that we want)
What is a dream (Something he'll sleep on)
What is a dream (He doesn't want to go to bed)
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Now he bought a couple books to help him understand What was going on on the inside of his brain He thought if it persisted he may lose his stance

And was told that was step one to going insane

Every night it's the same, either one of the two

Lighting up a cigarette or cheating on his woman

And he fights constantly in his head what to do

Cause what he does in his dreams, in real life he wouldn't

No control, makes him skeptic of everything else

He don't trust himself cause dreams can come true

His soul is agitated from its image itself

And he wants to be happy but don't know what he's gotta do

So he walked one day, through the woods for miles

With the waterfall below he stood at the edge of a cliff

When he talked, he heard an echo so he exhaled his Marlboro, grabbed his dick and screamed

Dreams are bullshit Dreams are bullshit Dreams are bullshit Dreams are bullshit Dreams are bullshit

What is a dream
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