This is gonna help you
You've got nothing to lose
What's one night strung out on the carpet?
Unable to move
Close your eyes, dispel your doubts now
A way to fill the void
Drink it up until you drown out all of the piercing noise

Wake up, come down
I don't like the way that I am
Too high to bail out
How'd I let this happen again?

This is gonna help you, a change is 'round the bend But what the hell?
Why don't you make it where the night won't end?
What's one more?
Soon you won't realize the pain you felt before
Numb the doubt until the morning
Your prides already on the floor

So you
Wake up, come down
I don't like the way that I am
Too high to bail out
How'd I let this happen again?

Wake up, come down
I don't like the way that I am
Too high to bail out
How'd I let this happen again?