

## Talk About It

Etana

Hey, you don't have to put another mark on your wrist  
I'm telling you it doesn't have to be like this  
Let's talk about it (talk about it)  
Let's talk about it (talk about it)  
And even if you feel like there's no hope  
You're trapped inside of those four walls  
Let's talk about it (talk about it)  
Let's talk about it (talk about it) oh-oh

Breathless, no lie  
Keep pushing 'cause you know you got to

One chance and the [?] on the line  
You can't lose, so keep fighting  
You don't show the world that you're crying  
You're so tough now  
But no one really knows

You're taking blows but you're still putting up resistance, yeah  
And no one knows that you're bleeding from the inside, oh

But you don't have to put another mark on your wrist  
I'm telling you it doesn't have to be like this  
Let's talk about it (talk about it)  
Let's talk about it (talk about it) yeah  
And even if you feel like there's no hope  
You're trapped inside of those four walls  
Let's talk about it (talk about it)  
Let's talk about it (talk about it) hey

You cut deep to release  
All the pain and the fear you feel, so numb  
And no one will believe  
You're outta breath and you just can't take no more  
You can't break, you keep holding  
To show the world that you're bolder  
Hurry up now  
'Cause nobody knows, yeah

You're taking blows but you're still putting up resistance, yeah  
And no one knows that you're bleeding from the inside, mmh, ooh

And if all I did was hold it together  
One more round  
It'll be fine, oh  
And deep inside you is a warrior  
So get back up  
Whenever there's light

But you don't have to put another mark on your wrist  
I'm telling you it doesn't have to be like this  
Let's talk about it (talk about it)  
Let's talk about it (talk about it) yeah  
And even if you feel like there's no hope  
You're trapped inside of those four walls  
Let's talk about it (talk about it)  
Let's talk about it (talk about it), oh

But you don't have to put another mark on your wrist  
I'm telling you it doesn't have to be like this  
Let's talk about it (talk about it)  
Let's talk about it (talk about it) yeah  
And even if you feel like there's no hope  
You're trapped inside of those four walls  
Let's talk about it (talk about it)  
Let's talk about it (talk about it), oh