

Every day I rise on a prayer
That's all I got to take me through
I know one day, I must and I will
Free myself from everything that holds me captive

Gonna be free like a bird in the sky
Gonna be free, gonna fly so high
Gonna be free, gonna free my mind
Gonna be free, gonna fly so high

Life is so sweet and I don't wanna die
But this burden I bare could be hard sometimes
Food scarce so me juggle everywhere
Sometimes me make a move, me can't find no bus fare
Go look for mama Jai, she says a na nottin' a da dare
Pun da youth, dem face, I see the pain

I know I wanna get the most out of life
So we all agree, cause I need to pray
The youths, stay sharp
We have to survive 'til the end

Gonna be free like a bird in the sky
Gonna be free, gonna fly so high
Gonna be free, gonna free my mind
Gonna be free, gonna fly so high

Youths in de Garden, youths in de Jungle
Youths in a Rema, August Town
Youths in a flanca, dela pear river
Turn back to and ma town

I know it is hard sometimes but when I give up, oh no
Matches lane, Hundreds Lane, Plain Land, White hall
Grand Spell, Nah Wood, Back Bush, Spanish Town
Don't you give up

Gonna be free like a bird in the sky
Gonna be free, gonna fly so high
Gonna be free, gonna free my mind
Gonna be free, gonna fly so high

One thing I know is that I must survive
One thing I know is that I must rise
Rise

Every day I rise on a prayer
That's all I got to take me through
I know one day I must and I will
Free myself from everything that holds me captive

Gonna be free like a bird in the sky
Gonna be free, gonna fly so high
Gonna be free, gonna free my mind
Gonna be free, gonna fly so high