Regenerate

Esmée Denters

Like branches on a sycamore
Growing in different directions
The roots steady remain
With their honest intentions
Side to side, we will sway
Let the wind guide you, have no fear
Let the pain disintegrate
Send it on up into the atmosphere

There would be no flowers without the rain
(Oh, yeah, yeah, yeah, yeah)
There'll be no growth without the change
(Oh, yeah, yeah, yeah, yeah)
As the [?] fade and make its way
(Oh, yeah, yeah, yeah, yeah)
For something new to take its place, as we

As we regenerate
As we regenerate

Reaching towards the sun
Waiting for the rain to calm down
It'll be uncomfortable
But it'll quench your thirst and make you strong
Sometimes all you need
Is [?] would you love to know what you got?
Pulled yourself back up from the wild
Get up so you can be found

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There'll be no growth without the change
(Oh, yeah, yeah, yeah, yeah)
As the [?] fade and make its way
(Oh, yeah, yeah, yeah, yeah)
For something new to take its place, as we

As we regenerate (you and I regenerate)
As we regenerate (there's no growth without the change)
As we regenerate (something new will take its place)
As we regenerate ('cause you and I regenerate)

Sooner or later, everything changes
Just like the season, they come and they go
Time has a way of knowing just what you need
You don't know how strong you really are, till you have to be

I know I'm tired of waiting
(Know you're tired of waiting)
Won't you have a little patience?
(Just have a little patience)
'Cause there's always a reason
(There's always a reason)
I trust that soon it will all make sense

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(Oh, yeah, yeah, yeah, yeah)

There'll be no growth without the change
(Oh, yeah, yeah, yeah, yeah)
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