

## Metal Health (Bang Your Head)

Emphatic

Well, I'm an  
Axe grinder  
Piledriver  
And mother says that I'll never, never mind her  
Got no brains  
I'm insane  
Teacher says that I'm one big pain

I'm like a laser!  
Six-streamin' razor!  
I got a mouth like an alligator!  
I want it louder!  
More power!  
I'm gonna rock you 'til it strikes the hour!

Bang your head!  
Metal health'll drive you mad!  
Bang your head!  
Metal health'll drive you mad!  
Whoa!

Well, I'm frustrated  
Outdated  
I really want to be overrated  
But I'm a finder  
And I'm a keeper  
I'm not a loser, and I ain't no weeper!

I got the boys!  
To make the noise!  
Won't ever let up!  
Hope it annoys you!  
Join the pack!  
Fill the crack!  
Well, now you're here!  
There's no way back!

Bang your head! (bang your head!) (yeah, yeah, yeah!)  
Metal health'll drive you mad (oh!)  
Bang your head! (bang your head!) (yeah, yeah, yeah!)  
Metal health'll drive you mad!  
Whoa!

Metal health'll cure your crazy!  
Metal health'll cure your mad!  
Metal health is what we all need!  
It's just like a heart attack!  
Whoa!

(Hahaha...)

Bang your head! (bang your head!) (yeah, yeah, yeah!)  
Metal health'll drive you mad (oh!)  
Bang your head! (bang your head!) (yeah, yeah, yeah!)  
Metal health'll drive you mad!  
Bang your head! (bang your head!) (yeah, yeah, yeah!)  
Metal health'll drive you mad (oh!)

Bang your head! (bang your head!) (yeah, yeah, yeah!)  
Metal health'll drive you mad!  
All right!