

# Self

Emma Steinbakken

I self-sabotage, self-medicate, self-camouflage  
Self-isolate, I just really wish  
That the voices in my head would go and talk to  
Someone else instead, but they don't want to

I'm a little late to the party  
I'm a little late to the starting line  
I could give a hundred different reasons  
Why I don't believe in myself, deceiving myself, I mean it

Never felt less than right now, yeah

Why can't I feel good  
Without feeling so bad?  
Why can't I feel happy  
Instead of feeling so sad?  
'Cause I self-sabotage, self-medicate, self-camouflage  
Self-isolate, I just really wish  
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Someone else instead, but they don't want to

I guess I'm a little stuck in the past  
Every mistake I make, yeah, it takes me back to  
A mess like the first time I felt love  
From a boy who always told me I would never be enough, yeah  
'Cause I was always different but I hid it well  
There was something missing but you couldn't tell, I was in the middle  
Of a breakdown, wait now, everybody slow down  
I don't wanna talk about this right now

Why can't I feel good (I just wanna feel)  
Without feeling so bad? (I don't wanna feel that)  
Why can't I feel happy (I just wanna feel)  
Instead of feeling so sad? (I don't wanna feel that)  
'Cause I self-sabotage, self-medicate, self-camouflage  
Self-isolate, I just really wish  
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Someone else instead, but they don't want to

I just wanna feel  
'Cause I'm the one who's always gonna follow you  
I just wanna feel  
Just wanna pretend to be all fine

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Without feeling so bad?  
Why can't I be happy  
Instead of feeling so sad?

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