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It was a waste from the get-go
I had work to do, I sent my ass down in to stay home
Beautiful day though
I'm trapped up in my bedroom and my chair won't fucking let go
Let go, let go
I don't wanna stay home
I'm wasting what I have before it vanishes tomorrow
Let go, let go
I don't wanna be quiet
I'm wasting time before I go back into autopilot
H-h-h-how do I deal with this bullshit?
I've got a life, and 99% of it ' just ain't it
I won't say that I ha-a-te it
But all of this is bland and I got no way to paint it
I'm not even in pain yet
Punch me in the throat
Send me on my way, yeah
Watch me fist-fight my brain, yeah
Stuck in a bowl: PetSmart betta!
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I only exist 'two days a week, oh baby
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I only exist 'two days a week, oh baby
Why do I gotta worry 'bout weeks and days?
Why do I gotta live on in this haze?
I can't just carry on this way
Ignoring everything you say
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I only exist 'two days a week, oh baby