

## meditation medication

Elohim

You're floating  
Condensing  
Keep breathing  
We're only dreaming  
(Close your eyes)  
Breathe in  
Everything's okay  
You're safe  
Just keep on breathing  
Feel the warmth around your body  
The sun is here to comfort you  
Imagine the clouds are just  
Blankets of love

I promise you're okay  
Just keep breathing  
Just keep breathing  
It's okay...

There's nothing left to worry about