

# Good Day Bad Day

Elohim

I be ridin' solo cuz I've been feeling so low  
Psyching myself out from getting up out of this hole  
I can see a visual of me out on a tight rope  
Slowly walking slipping off a panic episodic nightmare

If I stay distracted from the war inside my brain  
Maybe I will find the strength to stay alive another day  
My therapist keeps telling me some things she can't explain  
My anxiety hits differently cuz I know I'm insane

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Tomorrow's a new day  
If today's a bad day  
Tomorrow's a new day  
We gotta celebrate  
When we get a good day  
If today's a bad day  
Tomorrow's a new day

I be on my loner shit  
Cuz no one understands me  
Psychedelics in my brain but not the kind you take  
I say I hallucinate but that's just my dissociation  
Causing me some complications  
In a world of expectations

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Slow motion is better than no motion at all  
Softly weening off the chemicals that fix my tortured soul

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