

I am laid low in the dust
Preserve my life according to your word

I recounted my ways and you answered me
Teach me your decrees

Let me understand the teaching of your precepts
Then I will meditate on your wonders

My soul is weary with sorrow
Strengthen me according to your word

Keep me from deceitful ways
Be gracious to me through your law

I have chosen the way of truth
I have set my heart on your laws

I hold fast to your statutes, O Lord
Do not let me be put to shame

I run in the path of your commands
For you have set my heart free