

When the Mind Suffers, the Body Cries Out

Edson

I always did
What you were told
I never realised
Things may grow cold

I always thought
Either you're good
Or either you're bad, but I
Misunderstood

But when the mind suffers
The body cries out
It wasn't easy to
Let go of doubt
And when the mind suffers
The body cries out
It wasn't my fault
But the feeling was "shout"

Panic attacks
The things that you do
When I react like a
Bolt from the blue

Sober and mean
Tipsy and sweet
I never thought that I'd
Fall down this deep

But when the mind suffers
The body cries out
It wasn't easy to
Let go of doubt
And when the mind suffers
The body cries out
It wasn't my fault
But the feeling was "shout"