I was born in the golden state
But I left my home when I came of age
The redwood forests weren't enough hold me
The open sky was an endless cage
So I found a city in a foreign land
With a mother tongue I don't understand
I felt like a stranger everywhere I've been
Cause I'm a foreigner in my own skin

I just can't help myself
No matter where I hang my head I'm wrong
I've been a stranger here
As long as I remember I've been lost

And I wish I could ask for help
There's no where in this world where I belong
I've been a stranger here
As long as I remember I've been lost

I got this weight on my wandering soul
Like a ball and chain or a wrecking ball
And I was hoping maybe you could set me free
But I know now its harder than it seems
And I felt like a stranger everywhere I've been
Cause I'm a foreigner in my own skin

I just can't help myself
No matter where I hang my head I'm wrong
I've been a stranger here
As long as I remember I've been lost

And I wish I could ask for help
There's no where in this world where I belong
I've been a stranger here
As long as I remember I've been lost

I'm always, a foreigner
I've been a stranger here
As long as I remember I've been lost

I'm always, a foreigner
I've been a stranger here
As long as I remember I've been lost