When ya down and you're out
And you feel like you wanna shout
Come along, sing along
Let the music pull you out
When ya down and you're out
And you feel like you wanna shout
Gather round, to the sound
That will keep you gettin' down

If you feel out of shape
And you need to communicate
Get up, explore
Tune in and don't ignore
Let the groove in your shoes
Release you from the blues
Come on, sing along
Join in this happy song

Everybody say - make you feel much better now Everybody swing - let you heart discover how

Hearts to heart, let the people sing Hearts to heart, let our voices ring Hearts to heart, let our bodies move Hearts to heart, we can share the groove

When ya down and you're out
And you feel like you wanna shout
Come along, sing along
Let the music pull you out
Gather round, to the sound
That will keep you gettin' down
Lose your blues and your dues
Bad times, been throwin' around

Hearts to heart, beating hearts together Hearts to heart, music makes it better Hearts to heart, all the people say Hearts to heart, let the music play