

So how much of myself should I  
Give up before I lose my mind?  
Starting from the beginning, oh my...  
What do I do then?

Oh, it's just like him ripping and running  
Going too fast and too far  
We won't know where we are  
And I get it; it seems so exciting  
But if you don't take your time  
It'll all pass you by

So settle down with me  
Settle down, please... hey

Settle down for a minute or two  
You've been losing your cool  
Slowly drifting higher like a fire in the clouds  
By the sounds I can tell it's not you  
What I hear can't be true  
Maybe you require something you can't keep around

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Settle down  
Settle down, please