

Silent Scream

Dreamtale

Pick myself up from the floor
Gather the pieces of my heart
Someone is knocking on the door
It's time to make a brand new start
I look in the mirror anxiously
Why am I scared of who is staring back at me?

No one hears my silent scream
I'm alone here in this bad dream
No one sees the fear I hide away
I don't know if I can carry on one more day

I am hiding in my shell
And say that everything's alright
It's just another day in hell

I look in their eyes fearfully
Why am I scared of who is staring back at me?

No one hears my silent scream
I'm alone here in this bad dream
No one sees the fear I hide away
I don't know if I can carry on one more day

I am so disappointed by who I have become
Insecurity has taken control over me
I cannot function when you're around
My anxious feelings abound

I can't go on like this
It's like a demons kiss
I need to be strong and find a way out of this
I will open my mouth and
They will hear every word I say
I will let them know how I'm feeling inside

Can you hear my silent scream?
I'm alone here in this bad dream
The fear I have will never fade away
But I know that I can carry on one more day