Man, I just woke up
And my mind's already ruining my day
I pick apart old conversations
I blur the line between friends and enemies

I just bottle it, bottle it up
I can't let my feelings show

Evil I've buried inside Escapes into this world Through the lights of my eyes

Distort the way I see this world Through burning eyes of the past

Can't kick these thoughts
I can't shake it loose
And I can't stop talking shit

Every day this world is testing me Smash open my head and fuckin' set me free

So these days I smile a little less And I question more I keep my thoughts to myself 'Cause I don't trust anyone

I just bottle it, bottle it up
I can't let my feelings show

Evil I've buried inside
Escapes into this world
Through the lights of my eyes

Evil finds light Evil finds light Through my eyes