

20 Seconds Or More

Doug E. Fresh

Shout out to hip hop public health
(Coronavirus) all the healthcare workers on the front line
(Coronavirus) together, we can make a difference
What's good y'all? This is Doug E. Fresh
Comin' at ya live and direct
All of y'all out there
I got a couple of things I wanna talk to y'all about

Wash ya hands everybody
And everybody wash ya hands
(20 seconds or more) (come on)
Wash ya hands everybody
And everybody wash ya hands
(20 seconds or more)
My people uptown (wash ya hands) (uh-huh)
My people downtown (wash ya hands) (uh-huh)
(20 seconds or more)
My people from the East Coast (wash ya hands) (uh)
My people from the West Coast (wash ya hands) (that's right)

First and foremost
Please listen close
Take your time, wash
Use a lotta soap
From the front to the back
Back to the front
Sing the hook, where you at
That's exactly what we want
If you decide to leave
Please, take heed
Talk at social distance
At least six feet
On the bus or the train
Ridin' in your car
The further you away
Then the better off you are
(20 seconds or more)

You gotta be able to wash your hands
Like you never, ever washed them before
(20 seconds or more)
Try to wait, you'll make the greatest mistake
You need to wash 'em when you enter the door
(20 seconds or more)
Take your time, sing a song, spit a rhyme
When you finish you can put on some gloves
(20 seconds or more)
It's very important to wash your hands
You're protectin' everybody you love

Wash ya hands everybody
And everybody wash ya hands
(20 seconds or more) (come on)
Wash ya hands everybody (uh-huh)
And everybody wash ya hands
(20 seconds or more)
People from the Midwest, wash ya hands (uh)

Dirty South, wash ya hands (come on)
(20 seconds or more)
People overseas, wash ya hands (uh-huh)
And everybody, wash ya hands

Now, if you catch a little fever
Shortness of breath
Slight little cough
Can feel it in your chest
You should call your doctor
Doctor know what's best
Don't go runnin' to the hospital
'Cause you could be a threat
The virus is contagious
Listen, I ain't playin'
You ain't see the movie?
Yo, it's kinda like Contagion
Gotta wash hands thoroughly
Even sanitize
Open up your eyes
We don't want this thing to rise

(Coronavirus)
Don't ya get it?
(Don't you get it?)
Can't ya see it?
(Can't you see it?)
We are livin'
In a state of emergency
So wash your hands
Save a life
It's only right
And no matter what you're goin' through
Together we can make it right
(Come on)

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Epidemic
Pandemic
Social distance
Non-existent
Don't resist this
Get gone in an instance
If you missed this

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Social distance
Non-existent
Don't resist this
Get gone in an instance
If you missed this

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