

## Mind Glow

Dinosaur Jr.

It's been runnin' for a long time  
And it's runnin' out in my mind  
I can't explain it all to you  
It's really jumbled up  
So for longer now I'm messed up  
And I'm wishin' now I'd 'fessed up  
That concern's no use to you  
It feeds the pain that stung

So forget how I am dealin'  
Explain to me the feelin'  
It gets to that point instantly  
You're ready to unload  
And I'm the one you're spitting at  
I'm ready for my fitting at  
Doesn't make much sense  
But when I get it calm it's slow

It's hard to admit anything  
I'm sorry for the weight I bring  
I'll do whatever's necessary  
To make your mind glow soft  
It's played out too far to stew  
And I've run out of grace with you  
So I'm out and take a walk  
And we'll be better off

Whether I lied  
As much as you tried  
Whatever you decide  
I hope it's good to you  
For everybody's sake  
Lord knows we all need a break  
Do what you got to  
This is hard to take

To the time I spent discussin'  
I'll sit back and stop the fussin'  
I won't mention it to anyone  
And we'll be better off  
I won't admit to anything  
Sorry for the weight I bring  
Do whatever's necessary  
To make your mind glow soft

Whether I lied  
As much as you tried  
Whatever you decide  
I hope it's good to you  
For everybody's sake  
Lord knows we all need a break  
Do what you got to  
This is hard to take